

Lunch Menu

Ankeny Christian Academy October 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>1 Meal: Pork tenderloin sandwich, sweet potato fries, pasta salad, peaches, cookie</p> <p>BK-4th Cold Entree: PB & J Pack (uncrustable w/string cheese)</p> <p>5th-12th Cold Entree: Chicken salad croissant</p>	<p>2 Meal: Mac and cheese, steamed peas, garden salad w/ranch, fruit salad</p> <p>BK-4th Cold Entree: PB & J Pack (uncrustable w/string cheese)</p> <p>5th-12th Cold Entree: Chicken salad croissant</p>	<p>3 Meal: Chicken & cheese quesadilla, steamed broccoli, fresh veggies w/ranch, applesauce</p> <p>BK-4th Cold Entree: PB & J Pack (uncrustable w/string cheese)</p> <p>5th-12th Cold Entree: Chicken salad croissant</p>	<p>4 Chick-fil-A</p> <p>Chick-fil-A Sandwich, chips, baby carrots w/ranch, applesauce</p>	5
6	<p>7 Meal: Walking taco, refried beans, lettuce, tomato, salsa, sour cream, and orange slices</p> <p>BK-4th Cold Entree: Lunchable: Cubed Ham, cheese, and crackers</p> <p>5th-12th Cold Entree: Chef Salad</p>	<p>8 Meal: Hot smoked ham and cheese sandwich, steamed broccoli & cauliflower, applesauce, cottage cheese, and brownie</p> <p>BK-4th Cold Entree: Lunchable: Cubed Ham, cheese, and crackers</p> <p>5th-12th Cold Entree: Chef Salad</p>	<p>9 Meal: Cavatelli, garlic breadstick, garden salad, mixed tropical fruit</p> <p>BK-4th Cold Entree: Lunchable: Cubed Ham, cheese, and crackers</p> <p>5th-12th Cold Entree: Chef Salad</p>	<p>10 Meal: Scrambled eggs w/ bacon, cinnamon rolls, fresh veggies w/ranch, diced pears</p> <p>BK-4th Cold Entree: Lunchable: Cubed Ham, cheese, and crackers</p> <p>5th-12th Cold Entree: Chef Salad</p> <p style="text-align: center;">Ice Cream \$1</p>	<p>11 NO SCHOOL</p>	12
13	<p>14 Meal: Cheeseburger, green beans w/bacon, cucumber w/ranch, fruit cocktail</p> <p>BK-4th Cold Entree: Pizza Munchable</p> <p>5th-12th Cold Entree: Buffalo Chicken Wrap</p>	<p>15 Meal: Pulled pork sandwich, baked beans, cole slaw, cinnamon apples, fruit roll up</p> <p>BK-4th Cold Entree: Pizza Munchable</p> <p>5th-12th Cold Entree: Buffalo Chicken Wrap</p>	<p>16 Meal: Soft Shell beef tacos, Spanish rice, corn & black bean salad, pineapple & Mandarin oranges</p> <p>BK-4th Cold Entree: Pizza Munchable</p> <p>5th-12th Cold Entree: Buffalo Chicken Wrap</p>	<p>17 Meal: Mozzarella sticks w/marinara, savory carrots, mixed veggies w/ranch, banana</p> <p>BK-4th Cold Entree: Pizza Munchable</p> <p>5th-12th Cold Entree: Buffalo Chicken Wrap</p>	<p>18 Pizza</p> <p>Pizza, baby carrots w/ranch, applesauce</p> <p>Gluten free and dairy free options available</p>	19
20	<p>21 Meal: Boneless chicken wings w/ranch, corn, Caesar salad, apple slices</p> <p>BK-4th Cold Entree: PB & J Pack (uncrustable w/string cheese)</p> <p>5th-12th Cold Entree: Chicken salad croissant</p>	<p>22 Meal: Pork tenderloin sandwich, sweet potato fries, pasta salad, peaches, cookie</p> <p>BK-4th Cold Entree: PB & J Pack (uncrustable w/string cheese)</p> <p>5th-12th Cold Entree: Chicken salad croissant</p>	<p>23 Meal: Mac and cheese, steamed peas, garden salad w/ranch, fruit salad</p> <p>BK-4th Cold Entree: PB & J Pack (uncrustable w/string cheese)</p> <p>5th-12th Cold Entree: Chicken salad croissant</p>	<p>24 Meal: Chicken & cheese quesadilla, steamed broccoli, fresh veggies w/ranch, applesauce</p> <p>BK-4th Cold Entree: PB & J Pack (uncrustable w/string cheese)</p> <p>5th-12th Cold Entree: Chicken salad croissant</p>	<p>25 Pizza</p> <p>Pizza, baby carrots w/ranch, applesauce</p> <p>Gluten free and dairy free options available</p>	26
27	<p>28 Meal: Walking taco, refried beans, lettuce, tomato, salsa, sour cream, and orange slices</p> <p>BK-4th Cold Entree: Lunchable: Cubed Ham, cheese, and crackers</p> <p>5th-12th Cold Entree: Chef Salad</p>	<p>29 Meal: Hot smoked ham and cheese sandwich, steamed broccoli & cauliflower, applesauce, cottage cheese, and brownie</p> <p>BK-4th Cold Entree: Lunchable: Cubed Ham, cheese, and crackers</p> <p>5th-12th Cold Entree: Chef Salad</p>	<p>30 Meal: Cavatelli, garlic breadstick, garden salad, mixed tropical fruit</p> <p>BK-4th Cold Entree: Lunchable: Cubed Ham, cheese, and crackers</p> <p>5th-12th Cold Entree: Chef Salad</p>	<p>31 Meal: Scrambled eggs w/ bacon, cinnamon rolls, fresh veggies w/ranch, diced pears</p> <p>BK-4th Cold Entree: Lunchable: Cubed Ham, cheese, and crackers</p> <p>5th-12th Cold Entree: Chef Salad</p>	<p>1 NOVEMBER</p> <p>Chick-fil-A</p> <p>Chick-fil-A Sandwich, chips, baby carrots w/ranch, applesauce</p>	